

Parents: This prayer should be taught at home and memorized beginning in October.

Act of Contrition



STAR for each
line memorized

Week #

- | | | |
|---|--|-------|
| 1 | 1. My God, | _____ |
| 1 | 2. I am sorry for my sins with all my heart. | _____ |
| 2 | 3. In choosing to do wrong | _____ |
| 2 | 4. and failing to do good, | _____ |
| 2 | 5. I have sinned against you | _____ |
| 2 | 6. whom I should love above all things. | _____ |
| 3 | 7. I firmly intend, with your help, | _____ |
| 3 | 8. to do penance, to sin no more | _____ |
| 3 | 9. and to avoid whatever leads me to sin. | _____ |
| 4 | 10. Our Savior Jesus Christ | _____ |
| 4 | 11. suffered and died for us. | _____ |
| 4 | 12. In his name, my God, have mercy. | _____ |

Sign of the Cross : _____

Our Father: _____

Hail Mary: _____

